






The City of Fairfax Senior Center
Young at Heart Trips
4401 Sideburn Road, Fairfax VA 22030

All trips require reservation – first come first serve. Payment is due at time of registration unless placed on a wait list. Trips depart from the senior center. Please arrive 15 minutes early.








Registration Time - (for March and April registrations)

Walk-In: February 18, 2014 at 8:30 am








Online: February 18, 2014 at NOON

	Lunch on your own		Uneven Walking
	Mainly Walking/Standing	SG/GT	Self-Guided Tour/ Guided Tour
	Stairs Required		Weather Sensitive

MARCH TRIPS

   SG	National Zoological Park (Washington, DC) – The newest panda bear Boa Boa is now on exhibit! For a short time you can see this baby panda in person before he is shipped away to China for good! See the many other exciting animals at this national treasure. Please dress for the weather. Lunch on your own at zoo or in the neighborhood. Tuesday, March 4, 2014 Leave: 10:30 am Approx. Return: 4:00 pm	\$15
	Toby's Dinner Theatre: <i>Monty Python's Spamalot</i> (Columbia, MD) – Lovingly ripped off from the classic comedy <i>Monty Python and The Holy Grail</i> , this outrageously entertaining Tony-award winning musical is the story of King Arthur and his quest for the Holy Grail - it will have you in stitches. Their lavish Spamalot buffet is included. Wednesday, March 12, 2014 Leave: 9:05 am Approx. Return: 4:30 pm	\$65
  GT	DEA Museum (Arlington, VA) - Learn about the history of the Drug Enforcement Administration and the impact of drug addiction from past to present. Lunch on your own at the Pentagon City Mall across the street. Wednesday, March 19, 2014 Leave: 11:00 am Approx. Return: 3:00 pm	\$15
 	National Museum of Women in the Arts (Washington, DC) – Visit the only museum in the world dedicated exclusively to recognizing the achievements of women artists. "Workt by Hand" from the Brooklyn Museum's collection highlights changing perceptions of historical quilts in relation to American identity. Compliment your visit to the NMWA with lunch on your own in their Cafe. Wednesday, March 26, 2014 Leave: 11:00 am Approx. Return: 4:00 pm	\$25

APRIL TRIPS

	National Cathedral & Tea (Washington DC) – Begin your visit with an organ recital followed by an in-depth tour highlighting all of the must-see features of the Cathedral, a perfect introduction to the history, architecture and artwork of the Cathedral. Tea follows at 2:45 pm in the Pilgrim Observation Gallery so <u>be sure to have a light lunch before departing the Senior Center.</u> Wednesday, April 2, 2014 Leave: 11:15 am Approx. Return: 5:15 pm	\$44
	Odyssey Cruise / Cherry Blossom (Washington DC) – Treat yourself to an elegant escape on the water! Dining, impressive skyline views, entertainment, dancing, superior customer service, and hopefully the springtime Cherry Blossoms - all onboard a sleek, comfortable climate-controlled vessel. Lunch included. Wednesday, April 9, 2014 Leave: 10:45 am Approx. Return: 2:30 pm	\$54
	Riverside Dinner Theater: <i>Forever Plaid</i> (Fredericksburg, VA) – One of the most popular musicals in recent years, this show is a revue of the close-harmony "guy groups" that reached the height of their popularity during the 1950s. Lunch included. Wednesday, April 16, 2014 Leave: 10:00 am Approx. Return: 5:00 pm	\$71
   GT	Chocolate Tour of DC (Washington, DC) – Join your expert tour guide for a delightful stroll through some of the Washington's most decadent dessert boutiques and chocolatiers in the charming neighborhood of Georgetown. From handmade salted caramel truffles to postmodern takes on the dark stuff, enjoy this chocolate paradise tour. Chocoholics everywhere will love this tour! Did I mention there will be 7 chocolate tastings? Tour consists of 19 people maximum. Lunch on your own after tour in Georgetown. Dress weather appropriately. Wednesday, April 23, 2014 Leave: 11:15 am Approx. Return: 4:30 pm	\$67
 	Shenandoah Apple Blossom Festival's Senior Lunch & Dance (Winchester, VA) – Get out your pink & green finery as we travel to this beautiful spring-time festival at the top of Virginia. Dance in a huge white tent, featuring the big band orchestra <i>For Dancers Only</i> , a visit by the 87th Queen Shenandoah & her court, and a delicious three-course luncheon (included in trip). Travel through the beautiful Piedmonts and Blue Ridge Mountains to and fro. Wednesday, May 1, 2014 Leave: 9:15 am Approx. Return: 4:00 pm	\$27

